



Suggested Advisor Packing List

Adventure Bound Camping and Rafting Weekend

May 17 - 19 2024

Group Materials and Gear

What to know about camping at AdventureBound:

- The camping is dispersed between two large fields.
- There are no fire rings or picnic tables designated for each outdoor club.
- There will be a communal large fire pit and picnic tables away from the camping areas that can be used.
- Drinking water will be available all weekend.

Cookware

- Cook stove and propane
- Pots/Pans
- Cooking utensils
- Plates/Bowls/Utensils
- Knife/Cutting board
- Large water container for cooking
- Paper towels/napkins (optional)
- Trash bags (optional)

Campsite materials

- Tents
- Matches or lighter in waterproof container
- Packable table (for cooking or eating from)
- Popup tent OR Tarp with rope (in case it rains, your group will have a dry meeting space)
- Camp chairs (students can bring their own too)
- Lanterns with fresh batteries (optional)

Additional leader items

- First aid kit
- Copies of ALL participants medical forms with emergency contacts
- Copy of itinerary with emergency phone numbers for local hospital, emergency contact at school, etc.

- Copy of itinerary *and* medical forms left at school/ home with trusted point person
- Extra clothing-- warm hat, mittens, long underwear, etc. (for participants who need more or in an emergency situation)
- Repair equipment (appropriate to the equipment on the trip)- for example stove repair kit, extra paracord, duct tape, needles, strong thread/fishing line.
- Vehicle keys
- Cell phone, charging cord, and battery bank
- Extra refillable water bottle
- Large garbage bag
- Hand warmers
- Pen/paper

Food

For this weekend schools will need to provide food for their club for all meals except for Sunday lunch. [A suggested menu and food shopping list is attached here.](#)

Personal Gear

For yourself bring all personal gear included in [Suggested Student Packing List](#)

Notes about Whitewater Rafting:

- Adventure Bound will provide every person with a life jacket, wetsuit, booties, helmet, and paddle. Some life jackets will have pockets but they are not waterproof.
- If you have a *small* [dry bag](#), we recommend bringing it for an extra layer (raincoat) and snacks. Make sure to seal it properly- if you don't know- ask! You can clip the dry bag to the raft.
- Phones will get wet. Don't plan to bring it.
- If you plan on bringing a water bottle with you while rafting also bring a carabiner to attach it to the raft.
- If you have glasses, be sure to have [glasses straps](#) (such as Croakies or Chums) or some way to attach them to you. There's a chance you may lose them if you fall in.
- We recommend a towel and a warm change of clothes for after rafting.