### **Hike to Moxie Falls**

This is an easy-to-moderate hike to Maine’s tallest waterfall!

* The hike is 2 miles round trip
* Hike can be done in an hour, though your group may enjoy staying there for a few hours to relax, swim in the lower pools and check out the surrounding trails
  + *Accessibility*- the parking lot is dirt with no designated handicap parking. The trail surface is a natural surface (dirt, leaves, rocks, roots) with a mostly gentle grade, with some steeper sections around miles 0.7- 1.0. From All Trails, “Visitors using wheelchairs, mobility equipment, or strollers may need all-terrain tires or adaptive/motorized equipment for the surface type and grade. Visitors using wheelchairs, mobility equipment, or strollers may need assistance in the steeper sections or to avoid them for safety.”
* The trailhead to Moxie Falls is a 15 minute drive North on US Route 201 from the Adventure Bound Campground. Check out this [Google Map](https://maps.app.goo.gl/9ZDjXiw946WPz7dAA) link for directions!
* Clubs are welcome to go on this hiking trip whenever they see fit within Saturday’s schedule
  + If your club does not have its own mode of transportation, a bus to Moxie Falls will be offered at 3pm on Saturday. This is courtesy of Adventure Bound Rafting.

### **Hike Mosquito Mountain**

This is a moderately challenging hike to one of Maine’s lesser known summits with breathtaking 360 degree views from the top.

* This is a 3.2 mile out and back hike with 1,240 feet of elevation gain. The trail has some steeper sections and some that are eroded away. The summit is rocky and open with excellent views of Mt. Kineo, Katahdin, and the Bigelows.
  + *Accessibility* - The trail covers a variety of terrain and can be steep and rocky. Users with mobility aids will likely have difficulty and those in wheelchairs will not be able to access this hike.
* We recommend hiking this trail during the morning portion of Saturday, allowing your club at least 4 hours to hike and enjoying lunch along the way, though it is do-able in the afternoon as well.
* The trailhead to Mosquito Mountain is 20 minutes from Adventure Bound. Check out this [Google Map](https://goo.gl/maps/QQ9kADz2y67bCnTc9) ahead of time!
  + To get to the trailhead, take left out of AB to head north on to Route 201 and drive to The Forks. Turn right on to Lake Moxie Road, just before the Kennebec Bridge. From there you will drive 5.3 miles before turning right on to Troutdale Road. Drive for 1.9 miles before finding the trailhead on the right hand side of the dirt road, across from two camps (#412). The trailhead is marked by a red bear paw painted on a rock on the trailhead.
  + The trailhead is small, suitable for 2-3 cars and is marked by a small sign set in along the trees in the parking spaces. The lot is small so please park mindfully. Avoid parking on the road.

### **Hike along the Appalachian Trail to Pleasant Pond Mountain or Pleasant Pond**

This is a moderate hike with a variety of sights and destinations! We recommend setting your sights on the summit of Pleasant Mountain, but also stop to check out the AT Lean-To and the Pleasant Pond beach along the way.

* This 3.4 mile hike to the summit of Pleasant Pond Mountain travels along rocky ledges with excellent views and beautiful mature spruce and fir forests before reaching the summit. The summit used to be home to a fire tower, but now offers beautiful views of the area. The trail surface is rocky and rooty, with some steep sections, some of which require some rock scrambling.
  + Along the way there are side trails to the Pleasant Pond Lean- to and a small sand beach on Pleasant Pond. Both are great areas to explore and are just a short hike off trail.
  + *Accessibility -* this hike travels steeply uphill at times with sections of rock scrambling. Users with mobility aids will likely have great difficulty and those in wheelchairs will not be able to access this hike.
* We recommend hiking this trail during the morning portion of Saturday, allowing your club at least 4 hours to hike and enjoying lunch along the way, though it is do-able in the afternoon as well.
* Your club should plan to start their hike from the western trailhead off of the Boise Road, a 10 minute drive from Adventure Bound to the Appalachian Trail Head Parking lot of Pleasant Pond Mountain. Check out this [Google Map](https://goo.gl/maps/FLLwvv8qpNdH15Rz6) route ahead of time!

### **Paddle, swim, or fish in the Kennebec River**

Adventure Bound offers use of their canoes and inflatable stand up paddle boards to paddle the Kennebec river adjacent to their facility. Students who want to paddle or swim must have an advisor or other adult present and are required to wear lifejackets.